



Canteen Menu

Canteen Manager – Rebecca Bath 0412 487 858 / Menu Effective Term 3, 2015

MON/TUES/WED ONLY

\$5 Meal Deal

Choice of chicken burger, cheeseburger, hotdog or wrap **and** choice of drink

ONLINE ORDERS

Set up your Online Ordering account
www.school24.com.au
 School ID: 25218963

Register online, top up your account and you are ready to place orders. Cut off time to place orders online is 8:30am daily. Orders may be placed in advance.

Our menu is compliant with the Fresh Taste @ School NSW Health Canteen Strategy

- (G) Green (eat plenty)
- (A) Amber (eat in moderation)
- (R) Red (no items on menu, special days only)

NEW

Mini Menu

(A) Mini Pie	\$1.50	(A) Mini Pop	\$0.20
(A) Mini Sausage Roll	\$1.50	(small bag of popcorn)	
(A) Mini Hot Dog (1/2 size)	\$2.00	(A) Mini Tender Sub	\$2.50
(A) Mini Tender Wrap (1 chicken tender, lettuce & mayo)	\$2.50	(2 chicken fingers, lettuce & mayo on 1/2 long roll)	

Sandwiches

(G) Vegemite	\$2.00
(G) Cheese	\$2.50
(G) Ham	\$3.50
(G) Chicken	\$3.50
(G) Salad	\$3.50
(G) Ham Salad	\$4.50
(G) Chicken Salad	\$4.50

Extras \$0.30 (tomato, lettuce, cheese, cucumber, beetroot, carrot)

(G) Baked Beans Jaffle \$3.50
 ** add cheese \$0.30
 Add ham \$1.00

** all sandwich fillings can be made on a roll, a wrap, toasted or jaffle for an extra \$0.50

Wraps

(G) Rainbow	\$4.00
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(carrot, cheese, tomato, lettuce, cucumber, beetroot & mayo)

(A) Chicken Tender \$4.00 (2 x chicken tenders with lettuce & mayo)

* sweet chili sauce is available on request

Salads

(G) Vegie Sticks	\$1.50
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(carrot & cucumber sticks)
 ** add a crunch pack to any hot food lunch order for \$1.00

(G) Sylvania Salad \$4.00 (lettuce, carrot, cucumber, tomato, cheese, beetroot)
 ** add ham or chicken \$1.00

Burgers

(G) Hamburger	\$3.50
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(meat patty & tomato sauce)

(G) Cheeseburger \$4.00 (meat patty, cheese, tomato sauce)

(G) Heights Hamburger \$4.50 (meat patty, cheese, lettuce and tomato)

(A) Chicken Burger \$4.00 (crumbed chicken breast tender, lettuce, mayo)

** add cheese to any burger, wrap or hot dog for \$0.30

Hot Food

(G) Garlic Bread	\$0.50
(A) Yummy Drummy	\$1.20
(A) Traveller Pie	\$3.00
(A) Low Fat Sausage Roll	\$3.00
(A) Hot Dog	\$3.50
(A) Hot Dog (low fat Frankfurt with tomato or bbq sauce)	\$3.50
(A) Cinnamon Pretzel	\$3.50
(G) Macaroni & Cheese Pasta	\$4.00
(G) Bolognese Twista Pasta	\$4.00
(G) Fried Rice	\$4.00

(A) Chicken Fingers
 2 = \$1.00
 4 = \$2.00
 6 = \$3.00
 8 = \$4.00

Drinks

(G) Water 600ml	\$2.00
(A) Flavoured Milk (chocolate or strawberry)	\$2.00
(A) Quench (lemon/lime or orange mineral water)	\$2.00
(A) Juice (apple or orange)	\$2.00

Ice Blocks

(A) Quelch Fruit Sticks	\$0.50
(A) Calippo (Raspberry/Pineapple)	\$1.00
(A) Lemonade Twist	\$1.00
(A) Funny Finger	\$1.00
(A) Paddle Pop (chocolate or rainbow)	\$1.50

Snacks

(A) Sumo Cookies & Cream	\$0.50
(G) Assorted Fresh Fruit	\$0.80
(A) Jumpy's (salt & vinegar or chicken)	\$0.80
(A) Deli Rock Chips (honey soy or sea salt)	\$1.00
(G) Popcorn (full bag)	\$1.00
(A) Mini Cookies (choc chip)	\$1.00
(A) JJ's	\$1.00
(A) Cornitos	\$1.00
(A) Banana Bread	\$1.50

Apply Slinkys

BYO Apple	\$0.20	Buy Apple	\$1.00
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(Available at limited times only)

Extras: Bag \$0.20, Sauce \$0.30, Cutlery \$0.10